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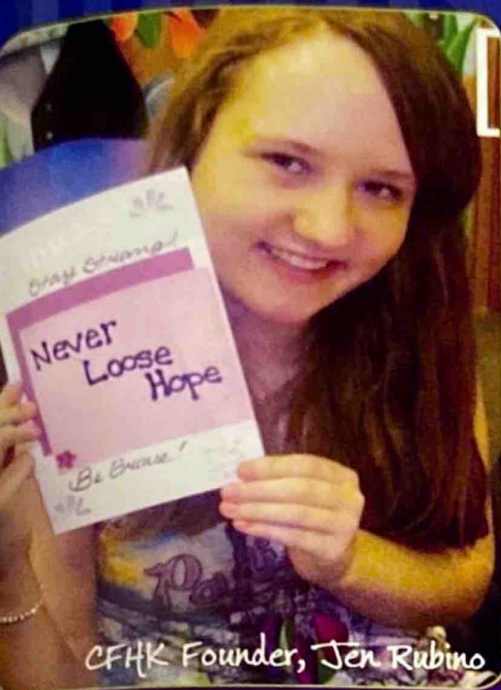


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News + Notes



CFHK Founder, Jen Rubino



CARDS FOR HOSPITALIZED KIDS

Multiple world and Olympic champion gymnasts have recently taken part in a fantastic effort: Cards For Hospitalized Kids. Nastia Liukin, Jonathan Horton and the University of Georgia gymnastics team, to name a few, have all put their humanitarian feet forward in taking part of CFHK. This organization's mission is to deliver handmade cards to hospitalized children across the nation. Since being founded by former gymnast JEN RUBINO in March of 2011, over 7,000 children have received cards from this program. In the organization's late February press release, Rubino stated, "Things like a video or a tweet may seem simple, but they make a huge difference in getting people involved when they come from a champion gymnast." That's right, the efforts of CFHK don't stop at just cards — they reach kids on Facebook and Twitter, too, ensuring their reach spans across the entire nation. The team at *Inside Gymnastics* applauds not only the athlete participants of our sport, but also the brave children enduring hospitalization and treatment. Learn more about how to become involved with CFHK via their Web site: www.cardsforhospitalizedkids.com.

[junior gymnasts]



SO YOU THINK YOU'RE LIKE MCKENNA? TELL US WHY FOR A CHANCE TO WIN!

In our last issue of *Inside Gymnastics* we briefly introduced you to McKenna Brooks, the 2012 American Girl of the year who just happens to be a fourth grade Level 4 gymnast. If you're like us, you think she's great! We know (like McKenna) just how difficult it can be to balance school, gymnastics, friends and, well, life in general. But we know you *Insiders* can do it all, and we want you to tell us how!

In partnership with American Girl, we are pleased to present to you the kick-off of our *How I'm Like McKenna* promotion! *Insiders*, we're asking you to briefly tell us how you're like McKenna by answering one of the following questions:

"What makes you strong and helps you to succeed?"

"How have you used your talents in gymnastics to help you achieve other goals?"

"How do you fit studying for school into your daily gymnastics routine?"

We'll select five winners to be announced in our May/June issue and five winners to be announced in our July/August issue of *Inside Gymnastics*. Each winner will receive a McKenna three-book series prize pack (featuring McKenna's books: *McKenna*, *McKenna Ready to Fly!* and *Take The Challenge!*). We'll then select one grand prize winner, to be announced in our September/October Commemorative Olympic Issue of *Inside Gymnastics*, to receive an actual McKenna doll!!!

HERE'S HOW TO ENTER: Send us an e-mail to contest@insidegymnastics.com with your answer (100 words or less) to one of our three questions, explaining how you are like McKenna. Don't forget to include a photo of yourself. Then, wait by your mailbox to see if we select YOU as one of our lucky winners to be featured in *Inside Gymnastics* magazine!!!



Each Kit includes everything you need to make at least 3 delicious family-size pizzas at home in less than 10 minutes.

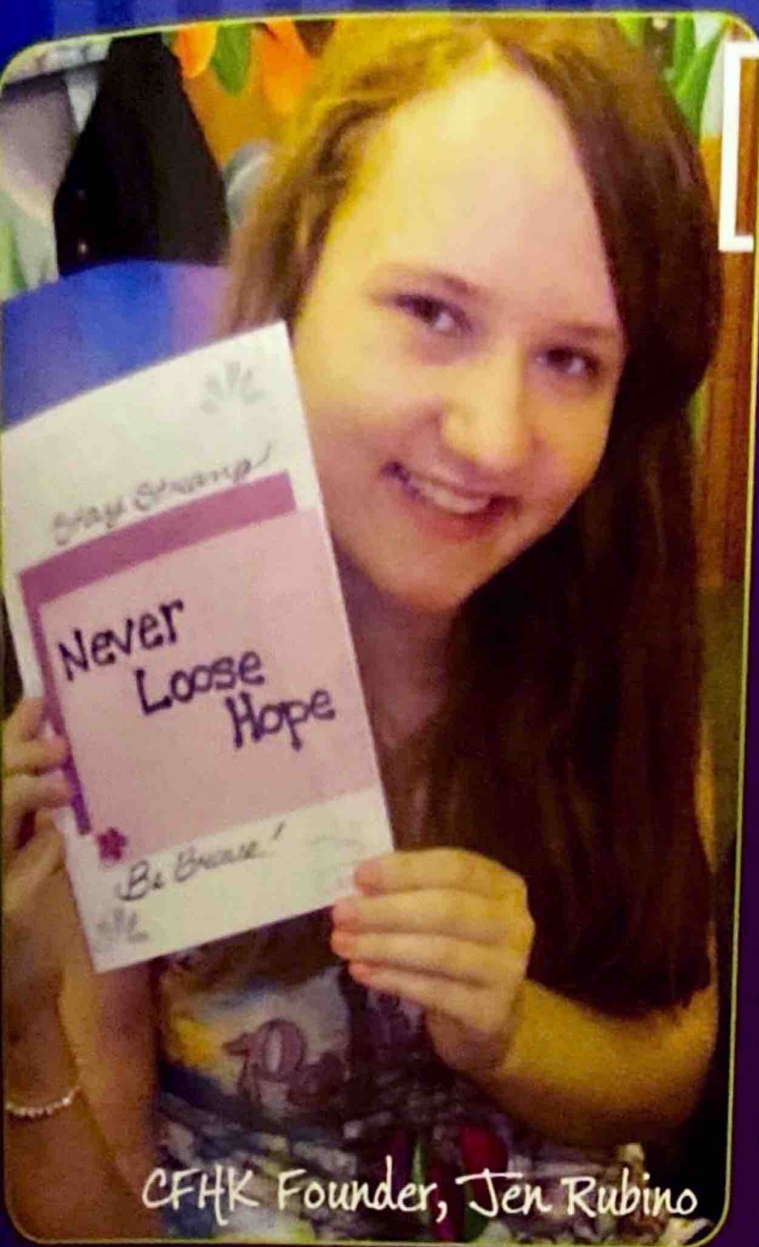
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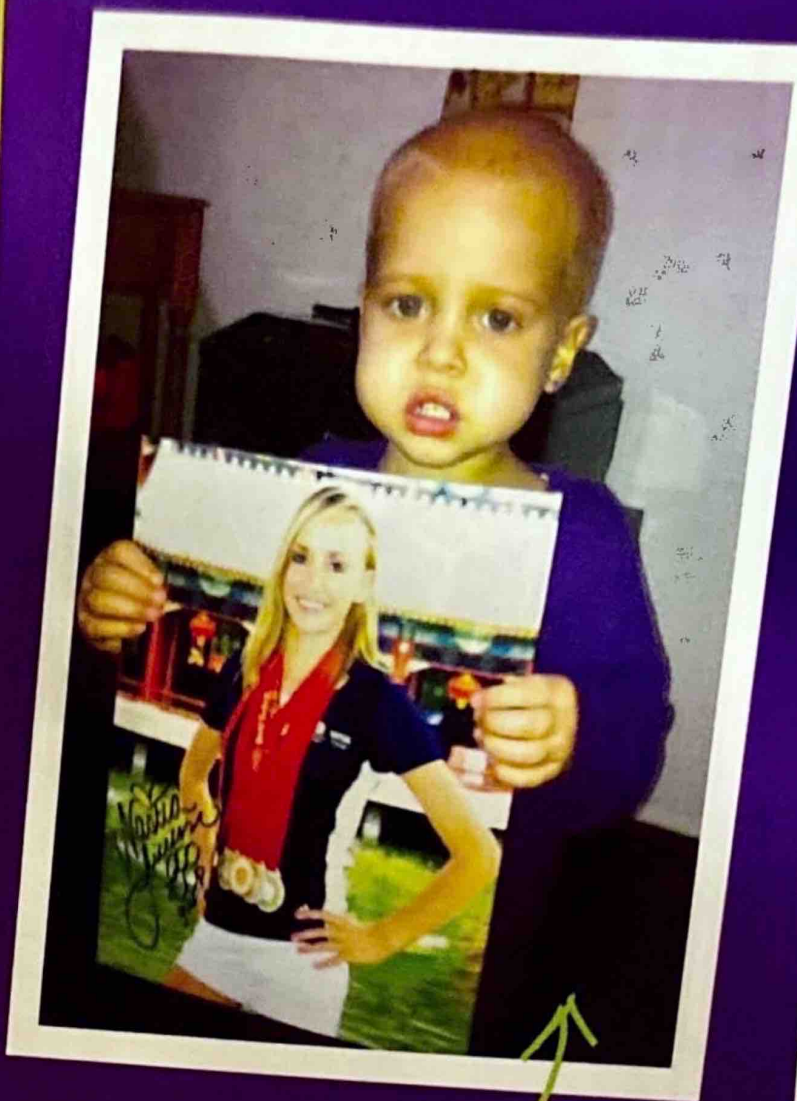


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