

cardsforhospitalizedkids

Instructions for Making Your Card

Addressing the Card

Since we do not yet know the child's name, please make sure you do not address the card to a specific person. If you want to address the card, here are some suggestions:

"Hey there"

"Hey you!"

"To a very special person"

Writing in the Card

At the request of hospitals, we **do not to write "Get well", "Feel Better" or other illness related comments**. This is very important because some patients suffer from medical conditions that are chronic, life-long, progressive and/or terminal. Rather, we recommend that you write uplifting comments, such as:

Stay strong

**Never forget how
amazing YOU are
I believe in YOU**

You are awesome

**I hope you have a
great day today
Be Brave**

You inspire me

**You shine brighter
than the sun
You rock**

These messages focus on the child as a whole, not their illness, which is important, according to Child Life Specialists.

Things to Avoid

- **Any personal information**, such as: phone number, address, email address etc. Hospitals will not allow us to distribute cards with this information.
- **Any religious comments** such as "God Bless" or "I'm praying for you." Hospitals do not allow us to distribute cards with these comments. Hospitals treat patients of all religions as well as patients that do not practice religion, which is why they do not allow this.
- At the request of hospitals, please **do not to write "Get well", "Feel Better" or other illness-related comments**. This is very important because some patients suffer from medical conditions that are chronic, life-long, progressive and/or terminal.

Sign Your Name

Sign **your first name only** on the card (Please do not sign your last name). If you wish to, you can also sign your state or organization, such as "Katie from Nebraska", or "Mark from First Republic Bank."

Spreading joy, hope, and magic through cards.